

AVERA BEHAVIORAL HEALTH OF BROOKINGS

# VIRTUAL PROGRAMMING

TEEN YOGA - Begins Wednesday, April 15th at 4pm. Sessions will be 40 minutes on a ZOOM platform with certified instructor. Register by emailing Yoga Instructor Laura Ackerwold at [lackerwold08@gmail.com](mailto:lackerwold08@gmail.com)

TEEN ART GROUP - Begins Monday, April 20th, 1-2:30 at Register by emailing Kanbi Knippling at [Kanbi.Knippling@avera.org](mailto:Kanbi.Knippling@avera.org)  
Avera Behavioral Health will provide supplies via drop-off at home.

3rd/4th/5th ART GROUP - Begins Monday, April 20th, 10-11:30 at Register by emailing Kanbi Knippling at [Kanbi.Knippling@avera.org](mailto:Kanbi.Knippling@avera.org)  
Avera Behavioral Health will provide supplies via drop-off at home.

Parent Education Series - Begins Friday May 1st, 3-week series, at 9am via WebEx platform. For more info or to register contact Nikki Eining MSW-CSW, QMHP at 692-8092 or [Nikki.Eining@avera.org](mailto:Nikki.Eining@avera.org)

**\*ALL Virtual Programming is able to be provided for FREE due to Brookings Area United Way funding.**



For Questions or to Register  
call Nikki Eining CSW-PIP,  
QMHP at 692-8092

